



Probussouthpacific Club of Avoca Beach Inc.

NEWSLETTER



Issue: 385 Monday 15th September 2025

Management Committee

President:	Peter Ayton	0404 615 090
Vice President:	Pamela Spencer	0400 396 542
Secretary:	Dorothy Harper	0419 310 685
Treasurer:	Joan Flynn	0419 997 573
Social Activities:	Paul McInnes	0412 524 815
Guest Speakers:	John Evans	0414 997 273
Membership:	Sue Roe	0422 771 070
Assistant Secretary	Barbara Chalmers	0427 428 721
Asst Membership	Joan Flynn	0419 997 573
Asst Treasurer	Barry Turner	0448 585 018
Catering Liaison:	Sue Roe	0422 771 070
Editor & Printing	Dennis Elliott	0412 049 020
Asst. Editor	Barry Tobin	0417 260 833
Immediate Past Pres	Barry Tobin	0417 260 833

Ancillary Appointments

Attendance:& Welfare	Sue Elliott	0425 234 725
Social Activities:	Sandra Ayton	0488 356 172
	Jenny Lucas	0411 021 913
	Val Allen	0433 131 774
Catering Team	Joy Kuiters	0432 684 445
	Jan Johnson	0407 631 686
Asst. Guest Speakers:		
Raffles (Meetings):	Wendy Noonan	0416 286 787
	Jan Johnson	0407 631 686
Raffles (Barbecues):	Merrilyn Self	0404 072 065
	Sue Elliott	0425 234 725
Book Exchange:	Joe Panozzo	0458 130 338
Website & Email	Heather Vinson	0466 966 468
Auditor & Pub Officer:	Jock Plimmer	0427 877 851
Probussouthpacific Ambassador:	Barry Porter	0432 697 490

Interest Group Convenors

Golf Group Convenor:	Jock Plimmer	0427 877 851
Mexican Train Group:	Yvonne Hollis	0409 030 304
Mexican Train Group	Barry Tobin	0417 260 833
Walking Group	Jeanette Anderson	0422 161 893
10 Pin Bowling	John Hart	0402 020 026

EMERGENCY TELEPHONE NO

Social functions- Paul McInnes 0412 524 815

TODAY'S GENERAL MEETING

10:15am at Avoca Beach Bowling Club

Guest Speaker:

Nina Angelo

Local Author

NEXT GENERAL MEETING

20th October 2025

PROBUS CLUB OF AVOCA BEACH INC.

PO Box 14 Avoca Beach NSW 2250

avocaprobus@gmail.com

www.probusouthpacific.org/microsites/avocabeach

General Meetings: 3rd Monday of the month

This Newsletter is for information of members of the Probussouthpacific Club of Avoca Beach Inc. and other Probussouthpacific Clubs and is not to be used for any other purpose

The Newsletter is available on the club website

FROM THE PRESIDENT



My Fellow Members,
Jan Heinrichs life member farewell.
I am sure everyone was enamoured by Barry Porter's summation of Jan's pioneering achievements at Avoca Beach Probussouthpacific over 21 years.
Since joining in 2004, serving twice as President, along with Guest Speaker organiser, Social outings organiser and

Newsletter Editor.

Jan steered our club through difficult times and we all owe her a gratitude of thanks to be where we are today.

As a small heartfelt tribute the Club will be sending her a floral bouquet, when she has settled into her home in Forster/Tuncurry.

We wish her all the very best for the future.

LIFE MEMBER NUMBER 5

In keeping with Probussouthpacific South Pacific Inc. guidelines, Avoca Beach Probussouthpacific having now exceeded 100 members, are entitled to extend our Life Members to 5% of Club Membership.

Joining Barry Porter, Jan Heinrichs, Roy Crump and Jock Plimmer, the Management Committee have proposed that a very worthy candidate join this select group.

Namely: DENNIS ELLIOTT.

Dennis joined Avoca Beach Probussouthpacific in 2013. Of his many achievements, he became President in 2019/2020 and has served as Newsletter Editor to the present day.

He is also instrumental in hosting the extremely popular "Mexican Train".

Dennis Elliott's contribution to Avoca Beach Probussouthpacific, has been outstanding and he is a worthy recipient, with the members endorsement for the award of Life Member.

Following a fabulous Naval Historical cruise of Sydney Harbour, I would like to share the following quotation from the ex Navy volunteer.

"VOLUNTEERS DO NOT GET PAID BECAUSE THEY ARE WORTHLESS BUT BECAUSE THEY ARE PRICELESS."

Yours in fun, friendship and fellowship

Peter Ayton

FINANCIAL REPORT

Financial Statement – 24-7 to 19/8

	\$
Cash Balance	17,403.37
Plus Income	5,875.10
Less Expenditure	970.50
Cash Balance	22,307.97
Plus Deposits to Suppliers	8,128.00
Less Members pre-payments	21,368.00
Available funds	9,067.97

Joan Flynn, Hon. Treasurer



*Best wishes to everyone celebrating a birthday
between 16th Sept to 20th October*

*17/9 Robyn Bugeja & Maureen Bell,
6/10 Janice Swales, & John O'Neill, 9/10 Carmel Cassar,
9/10 Doreen Kingsland, & Chris Harper,
16/10 Heather Pain,*

*A Very Happy Anniversary
to everyone celebrating a Wedding Anniversary
this month*

WELFARE

Please let our Welfare Officer, Sue Elliott, know if any of our members are unwell and would welcome a friendly call.

**For apologies at our General Meetings
please phone or email our Membership**

Officer Sue Roe on

0422 771 070 or lsroe@outlook.com

Probus Day



Fish N' Chips at Avoca Beach Hunter Reserve Monday 13th October

11.00 am. Cost \$5.00

Tea & coffee provided.

Bring your own nibbles, salad, wine, beer, soft drinks.

Please BYO cup, plate & cutlery.

Bring your own table and chairs if you have them

**Please tick (✓) your name on the booking sheet if
you will be attending.**

**Please Advise Sue Roe 0422 771 070
if you wish to cancel.**

Wet Weather: Kincumber Hotel 1200 (own cost)

Vale



Kevin Wells

27-08-2025

Kevin joined Avoca Probus over 10 years ago.

Kevin was the Club Treasurer from 2015 to 2017. He was also an active volunteer with the State Emergency Services.

Our sincere condolences to his wife Suzanne (a former member) and their children and grandchildren.

(The funeral will be a private arrangement)

Vale



Robert (Bob) Field

09-09-2025

Bob was an active member of our club holding a variety of positions from

Catering to Vice President

His smiling face will be sadly missed.

He is survived by his 3 sons and 9 grandchildren



Farwell to Life Member Jan Heinrichs – Barry Porter told the meeting of the highlights of her long association with Avoca Probuss



Inductions of Elaine and John O'Neil, Ray Hardy and Marilyn Penney

Photos BBQ Parry's Jetty 01/09/25



Therapist: What brings you in today?
 Me: I have a terrible fear of tsunamis.
 Therapist: How bad is it?
 Me: It comes in waves

Sydney Harbour East; Navy Boat Cruise 29/08/25



One day you're the best thing since sliced bread.
The next day you're toast

Apparently this week it will be constant rane, hele,
thunder, litnin and frizzing colde

Really bad spell of whether

More from our Sydney Harbour Outing



The Officer said, "You drinking?" I said "You Buying?"
We just laughed and laughed...I need Bail Money.



Pub lunch Palm Beach 9th September



Our Christmas party is fast approaching
Monday 1st December

At The Entrance Diggers Club @11:30

This event is subsidised by our Probus Club and
the cost was \$80. and is now \$60pp



Enjoy a 3 course Christmas lunch and the first
drink is included in the cost

*We Are Survivors !
(for those born before 1940)*

We were born before television, before penicillin, polio shots, frozen foods, Xerox plastic, contact lenses, videos, frisbees and the pill. We were before radar, credit cards, split atoms, laser beams, ball point pens, dishwashers, tumble driers, electric blankets, air conditioning, drip-dry clothes . . . and before man walked on the moon.

We got married first and then lived together (how quaint can you be), We thought 'fast food' was what you ate in Lent, a 'Big Mac' was an oversized raincoat and 'crumpet' we had for tea. We existed before house husbands, computer dating, dual careers and when a 'meaningful relationship' meant getting along with cousins and 'sheltered accommodation' was where you waited for a bus.

We were before day care centres, group homes and disposable nappies. We never heard of FM radio, tape decks, electric typewriters, artificial hearts, word processors, yoghurt and young men wearing earrings. For us 'time-sharing' meant togetherness, a 'chip' was a piece of wood or a fried potato, 'hardware' meant nuts and bolts and 'software' wasn't a word.

Before 1940 'made in Japan' meant junk, the term 'making out' referred to how you did in your exams, 'stud' was something that fastened a collar to a shirt and 'going all the way' meant staying on a double-decker to the bus depot. Pizzas, McDonald and instant coffee were unheard of. In our day, cigarette smoking was 'fashionable,' 'grass' was mown, 'coke' was kept in the coal house, a 'joint' was a piece of meat you had on a Sunday and 'pot' was something you cooked in. 'Rock music' was a grandmother's lullaby, 'Eldorado' was an ice cream, a 'gay person' was the life and soul of the party and nothing more, while 'aids' just meant beauty treatment or help for someone in trouble.

We who were born before 1940 must be a hardy bunch when you think of the way in which the world has changed and the adjustments we have had to make. No wonder we are so confused and there is a generation gap today ... BUT

*By the grace of God... We have survived!
Alleluia !!!*

(Thanks to Marge Clague for the above)



Social Activities Program 2025-2026



To add, alter or cancel booking please Contact
Social: Paul McInnes 0412 524 815 or
Sandy Ayton 0488 356 172
BBQ's & Pub Lunches: Sue Roe 0422 771 070
Meeting Apologies: Sue Roe 0422 771 070

If Possible, Please pay to attend social functions
by online banking, or by cheque. Bank Details
are Westpac: BSB 032 596 Acc No 147818
Use your name plus the 4/5 letter function code

Monday 1 September	Barbecue , 11am at Parry's Jetty, Tuggerah Parade (near Gladstan Ave.), Long Jetty. Cost: \$5. Pre-booking and cancellation advice essential. <i>Wet Weather Alternative: 12pm Lagoon Bistro, Erina Leaguers Club. Own Cost.</i>	Bookings by 19 August Payment at Barbecue Contact: Sue Roe	
Tuesday 9 September	Join us for a Ferry ride from Ettalong to Palm Beach a short walk and then lunch at the RSL Ferry leaves at 1050 Lunch and Ferry at own cost.	Bookings By Contact: Paul McInnes	OPERA
Monday 15 September	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Mon 29 Sep – Fri 10 Oct	School Holidays		
Mon 6 October	Labour Day		
Monday 13 October (one week later than usual)	Probus Day Special Barbecue - "Fish and Chips" at 11am at Hunter Reserve (near theatre), Avoca Drive, Avoca Beach. Cost: \$5. Pre-booking and cancellation advice essential. Celebrate Probus Day. Come dressed in our Probus colours of blue and yellow. Prizes to be won for the most creative ensemble. Share a good joke. Prize for the best joke. <i>Wet Weather Alternative: 12pm Kincumber Hotel, 6 Carrak Road, Kincumber. Own Cost.</i>	Bookings by 16 Sept. Payment at Barbecue Contact: Sue Roe	
Monday 20 October	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Monday 3 November	Barbecue , at 11am at Yaluga Lookout, Rumbalara Reserve, Dolly Avenue, Springfield. Cost: \$5 Pre-booking and cancellation advice essential. <i>Wet Weather Alternative: 12pm Kincumber Pub Kincumber. Own Cost.</i>	Bookings by 21 Oct. Payment at Barbecue Contact: Sue Roe	
Monday 17 November	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
November 25 th to 28 th	Mudgee 4 day trip. 25 th to 28 th Nov. Join us for our great 2025 Getaway. Highlights include Illford Cherry Farm, Gulgong, Mudgee Wineries, Hill End, Rylstone. Accommodation Parklands Resort MUDGE Travel by part subsidised coach. Costs TBA to be paid over 4 instalments	1st Pmt 2nd Pmt 3rd Pmt Contact Paul McInnes	MUDGE
Monday 1 December	Christmas Party , At THE ENTRANCE DIGGERS RSL Own party room overlooking Long Jetty 3 course lunch inc 1 st drink free. Entertainment by the Duo "Brassick" Cost \$80 now \$60 (Subsidised)	Bookings Payment: Contact: Paul McInnes	XMASP

SPECIAL INTEREST GROUPS

GOLF	Each Wednesday, 10:30 @ Breakers Country Club, Wamberal	Contact Jock Plimmer
Mexican Train (1)	Each Thursday, 1:30 pm @ at the Elliott's Home	Contact Yvonne Hollis
Mexican Train (2)	The 2 nd & 4 th Mondays @ ABBC at 1300	Contact Barry Tobin
WALKING GROUP	Each Tuesday @ 08:55 meeting point to be advised Walk commences at 0900	Contact Jeanette Anderson
10 Pin Bowling	2 nd Monday Meet at Bateau Bay Bowling Rink at 1000	Contact John Hart